

Top Sales Clinic
New Zealand

Top Beauty
Therapist
New Zealand



Penny receiving award for the Top Beauty Therapist and Top Sales Clinic at the Gateneau Annual Beauty Therapist Awards.

Wow, is this year going faster than last or is it that I now have two children and no time?

A regular newsletter to my clients has been a goal of mine for some time. I trust that you will enjoy reading about what's happening at Romatherapy, new products, special promotions and a few tips that will help you with what I hope is daily skin care.

As our clients know we at Romatherapy pride ourselves in providing the highest levels of service in all areas of Beauty Therapy. We are committed to ongoing training to ensure that we remain current with new technologies so that our clients receive the full benefit of new treatments and products as they become available.

This commitment to excellence was most evident at the recent *Gatineau Annual Beauty Therapist Awards* where Romatherapy scooped the two top prizes beating all the other Gatineau Clinics in New Zealand – well done girls.

With all staff just having completed two advanced training courses in recent weeks we at Romatherapy are fully aware of what's hot and what's not in the ever changing world of Beauty!

What seems **not** to be hot at the moment is **Cosmetic Surgery**. It would appear that the many dangers associated with these nips, tucks and lifts not to mention the enormous costs that these procedures attract as well as the recuperation times required are seeing more women in particular opt for products that have been specifically designed to reverse the effects of aging.

Products such as Gatineau and UltraCeuticals are an excellent option for those that wish to delay the natural effects of aging on the skin. Both of these product ranges are available at Romatherapy and would be without doubt the most effective anti-aging products currently available.

penny

Clinic Hours

monday – friday 9.00am – 8.30pm

saturday 9.00am – 5.30pm

every 4th sunday 9.00am – 5.30pm

Gift Vouchers

Treat somebody to a wonderful gift voucher from Romatherapy.

Choose from any treatment or experience in our brochure or work with us to tailor-make a special treatment.

We can organise everything for you – you don't even have to come to the clinic, just pick up the phone.



UltraCeuticals Skin Consultation

On Tuesday the 2nd of May Romatherapy is going to host a skin consultation day. A representative of UltraCeuticals will be present to meet with you, answer questions and offer advice on matters including but not limited to:

- Your concerns regarding skin aging and skin care
- Products and procedures
- Whether a change is right for you
- What other options are available for your skin type

This is a great opportunity to get your skin professionally analysed, which will assist you in getting the best results for your skin.

We know that this is going to be a very popular event so please don't delay in making your appointment so as to avoid disappointment. Ph 332 8774

new age defence facials



a sensible alternative to cosmetic surgery



winner of international awards

Melatogenine Youthful Radiance Facial

This Facial Soothes, Enhances Drainage and Tones

Using alternative temperatures – Hot for forehead and Cold for facial contours plus Shiatsu massage technique. This powerful combination reduces the appearance of wrinkles and fine lines, leaving the skin looking smoother and plumper. Younger for longer.

This facial has attracted international acclaim and awards. It is simply brilliant and works well as a 'once a month' facial or for a concentrated effect 1 facial per week for 3 weeks would achieve great results. This facial would be excellent to have before you go away on a trip and would help the skin get through these cold winter months.



a must try!

Defi Lift Radiance Lift Facial - a sensible alternative to cosmetic surgery

Designed as a gentle corrective 'workout' for the skin, results are immediate and are visible after just one session. Complexions appear luminous, expression lines look smoothed and the skin regains its elasticity and suppleness. Your skin will feel tauter and firmer creating a younger looking face.

special treat! valued at \$69.75

The first 20 people who book and pay for a course of the above Gatineau New Age Defence Facials will receive a beautiful complimentary gift pack containing:

- Serenite Cleanser
- Serenite Toner
- Melatogenine Mask
- Melatogenine Day/Night Cream
- New Focus Anti-Wrinkle Treatment
- Eye Cream

This is a great way to try a new product range.

Curious about a Peel but always too afraid to ask?

Professional Peel Treatments accelerate the skins natural exfoliation process providing you with refreshed revitalised skin. For optimal results it is advised to complete a course of 6 treatments each 10 days apart. Perfect for winter and for all ages.

Results:

- Smoothing appearance of the skin and pores
- Great for skin moisture levels
- Reduces the appearance of fine lines and wrinkles
- Firms the skin
- Helps visibly reduce age spots, freckles and scarring
- Stimulates collagen and elastin production

special offer!

Purchase 5 Peel Treatments and we will pay for the 6th valued at \$59.00

The first 12 people who book for this offer will also receive an Ultra Milk Cleanser valued at \$65.00 free.

Total savings \$124.00

skin care



Did you know...

The skin surrounding the eye is 3–4 times thinner than the skin on the rest of your face.

It is important that you use a product that is specifically for the treatment of these areas.

How important is the use of Broad Spectrum Sunscreen?

Taking care of your skin won't mean a thing if you don't use a Broad Spectrum Sunscreen. Harmful UVA and UVB rays deeply penetrate the skin leading to premature aging, discolouration and loss of elasticity (wrinkles).

What is the difference between Glycolic and Lactic Acid Peels?

Unlike Glycolic, Lactic Acid is already present in the skin making it more suitable for all skin types and less likely to cause irritation. Lactic Acid is also more effective for super hydration.

Did you know...

That snails can sleep for up to 2 years?

Green Tea

Green Tea in skin care helps to:

- Improve skin discolouration
- Soothe sensitive skin
- Increase good oil in skin
- Antioxidise skin
- Delay skin aging

These products available at Romatherapy contain Green Tea:

- Gentle Cleansing Gel
- Protective Daily Moisturiser SPF30
- Antioxidant Serum
- Ultra ACE Facial Treatment Cream
- Ultra Clear Oily & Acne Prone Skin Gel
- Ultra ACE Hand & Body Moisturiser
- Gatineau's Moderactive range

new products

Ultra ACE Eye and Lip Cream

This is a unique serum specifically formulated to treat the delicate eye and lip areas. It helps to firm, tone and moisturise. This is (in our opinion) one of the most effective eye creams that we have ever used.

Benefits

- Helps reduce the appearance of fine lines and wrinkles
- Provides excellent hydration and moisture to the skin
- Helps protect against further aging and damage to the area
- Improves the appearance of puffiness and fine lines around the eyes

We get about 8 months use out of this product



Protective Daily Moisturiser SPF30

3 in 1 – Moisturises, protects against aging and is SPF 30

This product is fantastic and is perfect for those of us who are always on the go. It does everything in one simple application:

- Total Broad Spectrum Protection
- Lightweight
- Moisturising
- Easily absorbed
- Anti-aging



Melatogenine Pure

I can't survive without this product!

The appearance of wrinkles is visibly diminished following the first application. Containing collagen, botofux, vitamins C, E, F it is perfect for those wrinkles that really bother you (those between the brows, sides of mouth, eyes...) Ideally suited as a pick me up perfect for use before a meeting or social occasion or if you're like me use it as a constant companion.



Melatogenine Day/Night Cream

This product is causing a stir worldwide and is winning many International Awards. Simply an amazing Day and Night cream (2 in 1) for those 40 years and over. Melatogenine Day and Night Cream helps reduce the appearance of aging skin, working to increase the appearance of suppleness whilst it moisturises and protects.

Result

Your skin will appear more luminous, supple and 'plumped up' with your face regaining a youthful looking skin – firm and smooth.



messages from the staff

All therapists at Romatherapy are trained to the highest standards all having completed internationally recognised qualifications in beauty therapy.

We'd like to welcome back Kate from Melbourne, it's great to have you back Kate, we missed you, and we would like to welcome Kerry to the team, you are already an invaluable asset.



Motherhood –Wow! I would like to thank all Romatherapy Clients who have asked after my two baby girls whilst I have been absent. Both girls are doing great and are very healthy with huge stores of energy. They have, bless them, become an excellent contraceptive. I can be found in the clinic on Tuesday mornings with every other moment spent like a woman possessed with two children, a business and an untidy husband.



Hi, I'm **Kerry** and I recently started at Romatherapy following the completion of my Diploma at the National School of Aesthetics. I moved here from Durban, South Africa and have settled in this beautiful country wonderfully. My favourite treatments are Electrolysis, Facials and Massage. I am very much looking forward to my time here at Romatherapy.



For those that I have not met I'm **Gina** also from Durban in South Africa. I have been in the beauty therapy industry for 3 years and at Romatherapy for two years. I moved here with my family and have settled here wonderfully. My favourite treatments are Facials, Peels and all things skin related. I hope to see many of you in the clinic again soon.



Hi, I'm **Kate**, one of the senior therapists at Romatherapy. I'm not from Durban. Many of you will already know me and will be aware that I have been on a leave of absence to Melbourne for the past year. I have been back now for 8 weeks and am really enjoying seeing many of my old clients/friends. I am still very passionate about beauty therapy and am loving being back at Romatherapy especially so with the great products that are now available.



Hello, I'm **Kylie**. I am a part-time Beauty Therapist here at Romatherapy; I study full-time at Canterbury University. It's great coming to Romatherapy to have some time out from study and catch up with my clients. I especially enjoy working with the skin and electrolysis. I love seeing results in both of those areas. The days I am at Romatherapy are Thursday, Friday, Saturday and the occasional Sunday.

Short-On-Time

If you are short on time, please let us know in advance. We appreciate that your time is precious too. We can even offer you three therapists at one time. Imagine having a luxurious facial, deluxe manicure and pedicure all at the same time.

Cancellations

At Romatherapy we do understand that sometimes you will need to cancel your treatment. Please give us 24 hours notice of cancellation, otherwise a 50% cancellation fee of your full treatment will be charged. The clinic answerphone service is available for bookings or cancellations 24 hours a day. At Romatherapy we aim to reconfirm your appointment the day before to give you an opportunity to change appointments if need be.

Important Information Before You Arrive

Please arrive 10–15 minutes prior to your treatment, so you are able to relax and complete our client consultation form. We ask you to do this to check for any conditions that may affect the success of your treatments or our ability to perform them.

At subsequent treatments please advise your therapist if you are pregnant, have muscle or joint injuries, are using Retin A, Roaccutane, or any photosensitising or keratolytic medications, or have recently had laser or plastic surgery.

We also aim to tailor every treatment to suit your requirements. So please advise your therapist before and during your treatments if we can customise our treatments more ie. during a massage if you prefer firmer, or lighter pressure, during a manicure if you prefer square or rounded nails etc. We want to give you the best treatment.

Please feel free to pass this newsletter on to friends and family.

Mention that you read our newsletter and we will give you a complimentary eyebrow tidy on our specialised facials.